

**Summary of Discipleship “Engines”**  
***Building a Discipling Culture***  
**By Mike Breen & Steve Cockram**

*One of the buzzwords around today is the word “missional.” People want to create missional churches or missional programs or missional small groups. The problem is that we don’t have a “missional” problem or a leadership problem in the Western church. We have a discipleship problem. If you know how to disciple people well, you will always get mission. Always. Somewhere along the way we started separating being “missional” from being a disciple, as if somehow the two could be separated. Pastors started saying they didn’t want to be inwardly-focused so they stopped investing in the people in their churches so they could focus on people outside their churches. Granted, we should focus on people who don’t know Jesus yet, but Jesus himself gave us the model for doing that: Disciple people. If you know how to actually make disciples, you will reach people who don’t know Jesus. Because that’s simply what disciples do. That was Jesus’ whole plan. If you disciple people, as these people do mission in their everyday comings and goings, with the work and shaping of the Spirit, the future of the church will emerge (pages 12-13).*

## **Understanding Discipleship**

### ***Types of cultures we create:***

- High Challenge / Low Invitation. Stressful quadrant. Discouraged culture.
- Low Challenge / Low Invitation. Boring quadrant. Apathetic culture.
- Low Challenge / High Invitation. Chaplaincy quadrant. Cozy culture.
- High Challenge / High Invitation. Discipling quadrant. Empowering culture.

### ***Three things we need to build a discipling culture:***

- A discipleship vehicle (or engine): **Huddle**
- People need access to your life (*discipleship can’t be done at a distance*)
- A discipling language: **LifeShapes**

### ***Definition of a Huddle:***

*A Huddle is a group of four to ten people God has called you to specifically invest in, and you will meet with them regularly (at least every other week) to intentionally disciple them in a group setting. The best discipling relationships always have an intentional, “organized” component to them as well as a less formal, “organic” component. Having a regular Huddle meeting is the “organized” component (page 45).*

## **Using Huddles**

***Section 1: Key Concepts*** (What is a Huddle? How is it different than a small group? Why do Huddles work? Spiritual Formation)

***Section 2: Launch Guide*** (Before your Huddle begins. Your first 10-12 Huddles. After your first 10-12 Huddles. Teaching mission in Huddles. After you have taught all the LifeShapes)

***Section 3: Sample Huddle Outlines*** (Circle, Semi-Circle, Triangle)

## **Appendix Section**

***Appendix One:*** Character & Skill questions for UP, IN, and OUT

***Appendix Two:*** Fivefold Ministries Questionnaire (*pastor, teacher, evangelist, prophet, apostle*)

## A Discipling Language: LifeShapes

### Learning Circle: *Seeing Spiritual Breakthrough*

Repent  
*Observe*  
*Reflect*  
*Discuss*  
Believe  
*Plan*  
*Account*  
*Act*

### Triangle: *Deeper and Balanced Relationships*

UP: *Connecting with God*  
IN: *Connecting with Others*  
OUT: *Connecting with the Community*

### Semi-Circle: *Rhythms of Life*

REST  
*Abiding*  
*Pruning*  
  
WORK  
*Growing*  
*Fruitfulness*

### Square: *Multiplying Disciples*

#### Disciple Style

##### **D1: *Confident & Incompetent***

High enthusiasm  
High confidence  
Low experience  
Low competence

##### **D2: *Unenthusiastic & Incompetent***

Low enthusiasm  
Low confidence  
Low experience  
Low competence

##### **D3: *Growing Confidence***

Increasing enthusiasm  
Growing experience  
Intermittent confidence  
Growing competence

##### **D4: *The End is in Sight***

High enthusiasm  
High confidence  
High experience  
High competence

#### Leadership Style

##### **L1: *Directive***

High direction  
High example  
Low consensus  
Low explanation

##### **L2: *Visionary/Coach***

High direction  
High discussion  
High example  
High accessibility

##### **L3: *Pastoral/Consensus***

Lower direction  
Higher consensus  
High discussion  
High accessibility

##### **L4: *Delegation***

Low direction  
High consensus  
Low example  
High explanation

**Pentagon: *Personal Calling***

- Apostle
- Prophet
- Evangelist
- Pastor
- Teacher

**Hexagon: *Prayer* (Lord's Prayer)**

- The Father's Character
- The Father's Kingdom
- The Father's Provision
- The Father's Forgiveness
- The Father's Guidance
- The Father's Protection

**Heptagon: *Communal Life and Health***

- Movement: show you're not dead
- Respiration: breathing God's breath
- Sensitivity: the pentagon at work
- Growth: the inevitable result of a healthy life
- Reproduction: creating the future
- Excretion: a cleansed life
- Nutrition: the obedience diet

**Octagon: *Mission through People of Peace***

- Presence
- Passing relationships
- Permanent relationships
- Proclamation
- Preparation
- Power
- Perception